

Some of the myths and truths about the Lunar Fertility

A lot has been read and heard about the Lunar Fertility method. Some findings about lunar fertility are critical and some are based on appraisal. On the other hand, a number of findings refuse any relationship between fertility and the Lunar (Moon). There are some scientific studies that repudiate the fact that there is any connection between traditional accepted model of the ovulation cycle is not the only fertility cycle at work.

Some studies conducted a few years back at the National Institute of Environmental Health Sciences found that the most fertile days of a woman to conceive is the six days of every month which is extremely difficult to predict. On the basis of this study it becomes clear that woman can become pregnant in any day of the month provided everything is well with her fertility.

That is why women get pregnant even if they had done intercourse in the most infertile and the so-called safe period. The same happens with women who try intercourse in the most unsafe and fertile period to conceive, but don't get pregnant.

Within a month there are other fertile periods in which you can possibly conceive. It is a common belief that by following the ovulation cycles, and making a physical relation in the most fertile days, you can expect a baby inside you. But nobody is to blame; it is a big misconception that is prevailing for long.

You cannot escape and cheat the natural phenomenon. Nature has a different cycle of work that makes it more complex. As such, different lunar fertile periods and strategies have been developed so far by many scientists and astrologers to augment the chances of pregnancy.

First being the most famous fertility lunar cycle found by a renowned psychiatrist who discovered the period in which you practice sexual intercourse can give rise to spontaneous ovulation. This period of time is the time period of ovulation cycle and the period of time in the monthly cycle. Irrespective of a woman's own biological or ovulation cycle, whenever such a lunar phase occurs, the woman automatically enters into the fertility section and becomes pregnant.

When lunar phase returns at around the age of 27, it also becomes the most fertile period of a women. Although the connection between lunar cycles and ovulation process is not yet completely denied or proven, it will always remain a mystery.

From the personal experience of many people, it has become clear that lunar phase return holds some relevance in the biological process. Though it does not work for every woman, it does at least work for some women.

The second fertility lunar cycle can be found when Moon is parallel to Sun. This is a rare combination of both Sun and Moon facing each other and denoting the most fertile moment.

There are other lunar methods as well that require more research in this field, However, if a woman tries to learn these cycles she would increase her chances of becoming pregnant.

Fortunately, these methods do not carry any side effects and are simple to pursue and are cost free. Some women respond quite well to the lunar theory while others do not. Women must try to keep a track of the methods that will suit them the best and produce the desired results.

About the Author

If you have a belief in the concept of [lunar fertility](#), then to know more on the [lunar fertility period](#), you can check out a few websites on the internet. You never know it might just help in coping with your [fertility issue](#).

Source: <http://www.roughweather.org>