

Tips on Preparing oneself for Undergoing a CT Angiography Test

The only difference between CT scan and CTA scan is that ct stands for computed tomography. It uses x-rays and the computer to make picture of different sections of the body. The picture received from it is called scan. Ct scan results are more accurate than the results of x-rays as the results obtained from scan are detailed. CTA stands for computed tomography angiography. The view of this scanning gives the result of the arteries and veins. The CTA scanning is often included in the examination of CT so, one need not go for CTA scan if he or she is already going for a CT scan.

What are the uses of CT scan and CTA scan?

CT and CTA helps in finding the exact problem of the body by recognising the disease spread in the body. The also help to know the effects of the undergoing treatment on your body and help to find out that whether your body is responding to a treatment or not. They are there to study many parts of your body like brain, neck, pelvis, chest, abdomen, spine, arms and legs. There is no need of going for further tests like CT angiography as CT with CTA provides the same results as CT angiography. CT is also known as CAT scan.

How to prepare yourself before such test?

The patient should take instructions from his physician or from the nurse before going for such test. It's necessary for one to consult the doctor about his regular medicines. This is all the more essential when the patient is suffering from diabetes. You should also consult your doctor regarding the intake of food, particularly on the day of the CT scan test. You can seek guidance from the CT scan instructor as well.

What are things to be brought for scanning process?

The patient should carry the prescription of the related doctor. You should carry the necessary insurance letters with him. It would be advisable to carry a list of medicines that you consume daily or any of the drugs that he intakes. The last most important thing is that you should carry the list of allergies to food or to the medicine so that the instructor can carry the process of scanning according to it.

The other important thing is to inform your doctor about your pregnancy or any instances of breast feeding before going on for the scan. This is important so that the scan technologist can take necessary precautions and work according to that. It's necessary for you to inform the doctor or the technologist about any extraordinary incident since CT and CTA scan contain radiation.

What happens during test?

The test is usually conducted for less than 30 minutes. At the time of the test, you are asked to dress up in a hospital gown. You are required to hold your breath for a certain period at the time of CT scanning. During the scanning process, you will hear some sound and you will experience some kind of movement as well in your table.

What happens after this process?

After this process the technologist take you out of the table and will ask you to continue with your normal diet. Thus, after this process, the radiologist will work for the results and provide these results to your doctor with necessary discussions.

About the Author

Thus, the process of [CT scan](#) or [CTA scan](#) is very simple which can be easily followed by the patient at any time in need. There are not much of restrictions to be carried for this process. To learn more about the [CT angiography](#) and scan, you can log on different websites like scandirectory and update your self.

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